



# 2019 Advances in Obstetrics and Gynecology Conference

**Friday, February 8, 2019**

VCU Health, MCV Campus  
The Hermes A. Kontos Medical Sciences Building  
1217 East Marshall Street, Richmond, Virginia

Presented by the Ware-Dunn Society and the Department of Obstetrics and Gynecology



**VCU**Health™

# Advances in Obstetrics and Friday, February 8, 2019

## First Scientific Session:

AM

7:15 – 8:15

**Ware-Dunn Business Meeting** (members only)  
Molecular Medical Research Building

8:00 – 8:30

**Welcome Breakfast and Registration**  
Kontos Medical Sciences Building

8:30 – 9:45

**Chief Resident Presentations**

9:45 – 10:00

**Question and Answer Break**

**Moderator:**

**Amanda H. Ritter, MD**

10:00 – 10:50

**H. HUDNALL WARE, JR. LECTURE: Techniques in  
Operative Hysteroscopy**

Linda D. Bradley, MD

Objectives:

1. Develop foundational knowledge of operative hysteroscopy.
2. Review risks, benefits, and complications of operative hysteroscopy.

10:50 – 11:00

**Question and Answer Break**

11:00 – 11:20

**Colon Cancer Screening: New and Persistent Pitfalls**

Jaime L. Bohl, MD, FACS, FASCRS

Objectives:

1. Identify benefits and risks of different colon screening methods.
2. Identify gaps in colon cancer screening programs.

# Gynecology

- 11:20 – 11:40      **Gynecologic Oncology for the Generalist**  
Stephanie A. Sullivan, MD  
Objectives:
1. Identify the role of a gynecologist in the care of a cancer patient.
  2. Describe surveillance guidelines in gynecologic oncology.

11:40 – 12:00      **Question and Answer Break**

12:00 – 1:00      **Lunch, Kontos Medical Sciences Building**

## **Second Scientific Session:**

**Moderator:**      **Christine R. Isaacs, MD**

PM

1:00 – 1:50      **JOHNA. BOARD LECTURE: Obstetrical Consideration  
in HIV and Hepatitis C: Update 2019**

William R. Short, MD, MPH, AAHIVS

Objectives:

1. Describe recent advances in the management of pregnant women living with HIV.
2. Understand the implications of Hepatitis C screening in pregnant women.

1:50 – 2:00      **Question and Answer Break**

2:00 – 2:20      **Updates in Routine Newborn Care for the Obstetrician**

Tiffany N. Kimbrough, MD, FASA

Objectives:

1. Review standard newborn nursery care for the neonate.
2. Discuss controversies in standard care.

2:20 – 2:40

**Finding the Time for Preconception Care: Benefits and Challenges**

Nicole K. Banks, MD

Objectives:

1. Review common barriers to preconception care and strategies for overcoming them.
2. Identify appropriate preconception counseling and testing to optimize pregnancy outcomes.

2:40 – 3:00

**Question and Answer Break**

3:00 – 3:20

**Pelvic Floor Disorders: A Multidisciplinary Approach**

Lauren N. Siff, MD

Objectives:

1. Identify cases of combined care (both medical and surgical management).
2. Identify possibilities for future collaborative research.

3:20 – 3:40

**ERAS for Cesarean Delivery**

Fatoumata Kromah, MD, FASA

Objectives:

1. Discuss the key components needed to implement an enhanced recovery after cesarean delivery protocol.
2. Describe opioid-sparing pain management modalities for enhanced recovery after cesarean delivery.

3:40 – 4:00

**Question and Answer Break**

4:00 – 4:20

**Updates in OB Genetics**

Lauren Vanner Nicely, MS, LCGC

Objectives:

1. Recognize the role of select molecular technologies in prenatal OB care.
2. Summarize benefits and limitations of prenatal carrier screening options.



4:20 – 4:40

### **Identifying, Understanding, and Working with Victims of Human Trafficking**

Melissa A. McMenemy

Objectives:

1. Have a better understanding of what human trafficking is.
2. Recognize red flags for identifying victims of human trafficking.

4:40 – 5:00

### **Questions and Answers/Closing**

## **Course Description and Target Audience**

The Ware-Dunn Society and the Department of Obstetrics & Gynecology are pleased to offer the **2019 Advances in Obstetrics and Gynecology Conference** in Richmond, Virginia, at the Kontos Medical Sciences Building.

The program has been designed for obstetrician-gynecologists, Ob/Gyn nurse practitioners, family practitioners and primary care providers in clinical practice in Virginia and nearby states. This one-day program will provide an intense update on techniques in operative hysteroscopy, colon cancer screening, preconception care, ERAS for cesarean delivery, identifying, understanding and working with victims of human trafficking,



pelvic floor disorders – a multidisciplinary approach, OB genetics update, updates in routine newborn care for the obstetrician, obstetrical consideration in HIV and hepatitis C, and gynecologic oncology for the generalist.

## **Accreditation and Credit**

VCU Health Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

VCU Health Continuing Medical Education designates this live activity for a maximum of 7 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC and the Virginia Board of Nursing accept **AMA PRA Category 1 Credits™** from organizations accredited by the ACCME for your CNE contact hour requirements for recertification or re-licensure.

The American College of Obstetricians and Gynecologists has assigned 7 cognates (Formal Learning) to this program.

## Guest Faculty

### **JOHN A. BOARD LECTURER**

**William R. Short, MD, MPH,  
AAHIVS**

Associate Professor of Clinical  
Medicine  
Perelman School of Medicine  
University of Pennsylvania  
Department of Medicine, Division  
of Infectious Diseases  
Philadelphia, PA

### **H. HUDNALL WARE LECTURER**

**Linda D. Bradley, MD**

Professor of Surgery  
Cleveland Clinic Lerner College  
of Medicine of Case Western  
Reserve University and Vice  
Chairman of Obstetrics,  
Gynecology, and Women's Health  
Institute, Cleveland Clinic  
Cleveland, OH

### **Thomas E. Burns III, MD, FACOG**

President, Ware-Dunn Society  
Alexandria, VA

### **Melissa A. McMenemy**

Statewide Facilitator  
Office of the Attorney General  
Mark R. Herring  
Richmond, VA

## VCU School of Medicine Faculty

### **Nicole K. Banks, MD**

Assistant Professor  
Reproductive Endocrinology  
and Infertility  
Department of Obstetrics and  
Gynecology

### **Jaime L. Bohl, MD, FACS, FASCRS**

Associate Professor of Surgery  
Chair, Division of Colon  
and Rectal Surgery  
Department of Surgery

### **Valerie Coleman, RN, BSN, MSN, IBCLC, LCCE, FACCE**

Women's and Children's Health  
VCU Health

### **Leslie Fehan, MS, CNM, WHNP**

Assistant Clinical Professor  
Department of Obstetrics and  
Gynecology

### **Aaron E. Goldberg, MD**

Assistant Professor  
General Obstetrics and Gynecology  
Department of Obstetrics and  
Gynecology

### **Jordan B. Hylton, DO**

Assistant Professor  
General Obstetrics and Gynecology  
Department of Obstetrics and  
Gynecology

### **Christine R. Isaacs, MD**

Professor and Division Chair  
General Obstetrics and Gynecology  
Department of Obstetrics and  
Gynecology

### **Nicole W. Karjane, MD**

Professor  
General Obstetrics and Gynecology  
Department of Obstetrics and  
Gynecology

**Tiffany N. Kimbrough, MD**

Medical Director Mother  
Infant Unit  
Assistant Professor, General  
Pediatrics  
Department of Pediatrics

**Lauren N. Siff, MD**

Assistant Professor  
Female Pelvic Medicine and  
Reconstructive Surgery  
Departments of OB/GYN  
and Surgery

**Fatoumata Kromah, MD, FASA**

Assistant Professor of  
Anesthesiology and OB/GYN  
Director, Obstetrics Anesthesiology  
Department of Anesthesiology

**Stephanie A. Sullivan, MD**

Assistant Professor  
Gynecologic Oncology  
Department of Obstetrics  
and Gynecology

**Cary S. Oaster, DNP, WHNP-BC**

Department of Obstetrics and  
Gynecology

**Lauren Vanner Nicely, MS, LCGC**

Instructor  
Genetic Counselor  
Department of Obstetrics  
and Gynecology

**Amanda H. Ritter, MD**

Assistant Professor  
General Obstetrics and Gynecology  
Department of Obstetrics and  
Gynecology

## Conference Location

The Advances in Obstetrics and Gynecology conference will be held in the Hermes A. Kontos Medical Sciences Building, 1217 East Marshall Street.

## Lodging Accommodations

**The Berkeley**

1200 East Cary Street, **804-780-1300**

**Courtyard by Marriott Richmond Downtown**

1320 East Cary Street, **804-754-0007**

**Omni Richmond Downtown**

100 South 12th Street, **804-344-7000**

**Richmond Marriott**

500 East Broad Street, **804-643-3400**

**Hilton Richmond Downtown**

501 East Broad Street, **804-344-4300**

## Directions/Transportation

BY AIR: Richmond International Airport is 10 miles from the VCU Health MCV Campus.

BY CAR: Richmond is located directly off Interstates 95 and 64, two hours south of Washington, DC.

## Parking

Parking is available at The Children's Pavilion, 1000 East Board Street. Enter the Children's Pavilion on 10th Street at the Drop-Off and Self-Park Entrance. After parking, take the yellow parking elevators to the Ground floor and exit the Children's Hospital via the breezeway.

## Registration

The course registration fee is \$200.00 for physicians, and \$100.00 for physicians-in-training (letter of residency verification must accompany registration fee) and other health care professionals. The registration fee includes tuition, parking, continental breakfast, coffee breaks, and lunch. Online registration preferred at [www.cme.vcu.edu](http://www.cme.vcu.edu) (using Google Chrome). Mail Registration Form and Check to: Registrar/UHS-PEP, Inc., PO Box 980048, Richmond, VA 23298-0048. Fax Registration to (804) 828-7438.

All registrations include a **NONREFUNDABLE** \$60 administrative fee. To receive tuition refund, less the administrative fee, **WRITTEN NOTICE OF CANCELLATION** must be on or before January 25, 2019.

## ADA/EEO Policy

Virginia Commonwealth University is an equal opportunity/affirmative action institution. If special accommodations are needed, please contact Nancy Veney at 804-828-7877.



# Advances in Obstetrics and Gynecology Conference

**Online Registration Preferred at [cme.vcuhealth.org](http://cme.vcuhealth.org)**  
(Using Google Chrome)

VCU Health, MCV Campus  
The Hermes A. Kontos Medical Sciences Building  
1217 East Marshall Street, Richmond, Virginia

**Friday, February 8, 2019**

Please PRINT information below

---

First name

Last name

---

Firm

---

Degree/Specialty/Certification

---

Mailing address

---

City

State

Zip

---

Telephone (home or cell)

---

**Email (required)**

Make Check payable to: **UHS-PEP. Mail Registration Form and check to:**  
Registrar/UHS-PEP, Inc., Box 980048, Richmond, VA 23298-0048



in conjunction with  
University Health Services Professional Education Programs  
VCU Health Continuing Medical Education  
Box 980048  
Richmond, Virginia 23298-0048

# **2019 Advances in Obstetrics and Gynecology Conference**

## **Friday, February 8, 2019**

Presented by the Ware-Dunn Society and the Department of  
Obstetrics and Gynecology

NONPROFIT ORG.  
U.S. POSTAGE  
PAID  
Richmond, Virginia  
Permit No. 4